# Learning to Read and Spell: How you can support Learning at Home

At Stone with Woodford School we use an augmented version of Letters and Sounds (which is in-line with the expected standard set out in the new curriculum) to structure the teaching of early reading and spelling for children in Reception to Y2.

# **Reception Year**

# Speaking and listening Phase 1

- Speaking and listening are the foundations for reading and writing.
- Even everyday activities such as preparing meals, tidying up, putting shopping away and getting ready to go out offer you the chance to talk to your child, explaining what you are doing. Through these activities, children hear the way language is put together into sentences for a purpose.
- Books are a rich source of new words for your child; words you would not use in
  everyday conversations appear in books. Children need to have a wide vocabulary to
  understand the meaning of books, so read aloud and share books as often as you can.
  They will enjoy it and it will be useful when they come across these words in their own
  reading later on.

# Ways you can support your children at home: talking and listening

- Make time to listen to your child talking as you meet them from their setting or school, as
  you walk, or travel home by car, in the supermarket as you shop, at meal times, bath times,
  and bedtimes any time!
- Switch off the TV, radio and mobile phones and really listen!
- Show that you are interested in what they are talking about look at your child, smile, nod your head, ask a question or make a response to show that you really have been listening.
- Make a collection of different toy creatures for example, a duck, a snake, an alien, say the sound it might make as you play together, for example, 'quack-quack', 'ssssssss', 'yuk-yuk', and encourage your child to copy you.
- **Listen at home** switch off the TV and listen to the sounds, both inside and outside the home. Can your child tell you what sounds they heard, in the order in which they heard them?
- Play-a-tune and follow me! Make or buy some simple shakers, drums and beaters, then play a simple tune and ask your child to copy. Have fun! Use puppets and toys to make up stories or retell known ones. Record your child telling the story and play it back to them.

# Reading and Spelling Readiness Phase 1

As we begin to teach the children the skills that they will need in order to be successful readers and writers, we focus on different listening activities.

We explore body sounds, sounds in the environment, the difference in the sounds of percussion instruments, rhythm and rhyme, voice sounds and alliteration - words that all begin with the same initial sound – 'sad, Sammy snake', 'big, bad bug'.

Along-side this we teach children the skills of 'blending' and segmenting'.

#### **Blending**

We teach children how to blend or merge sounds together to read each word, in the right order, to read a word. E.g. c-a-t = cat.

The aim is for the children to say the whole word automatically.

#### **Segmenting**

We teach children how to segment each word to spell. E.g. cat = c-a-t

These activities are all done orally. The emphasis is on helping children to hear the separate sounds in words and to create spoken sounds.

Ways you can support your children at home: reading and spelling readiness

#### Sound-talking or Robot-talking

Find real objects around your home that have three phonemes (*sounds*) and practice 'sound talk'. First, just let them listen, then see if they will join in, for example, saying:

'I spy a p-e-g – peg.'

'I spy a c-u-p - cup.'

'Where's your other s-o-ck - sock?'

'Simon says – put your hands on your h-ea-d.'

'Simon says - touch your ch-i-n.'

#### **Reading and Spelling Phase 2**

We teach children the smallest unit of sound – called a '**phoneme**'. Correct pronunciation is vital!

#### c not cuh or cee b not buh or bee a not ay

A very useful website to support correct pronunciation - http://mrthorne.com/ Pronouncing the single phonemes correctly enables the children to hear just that sound, supporting their blending, fluency and eventually their writing. This is the order in which the 'phonemes' are taught and practiced:

| Set 1 letters = s, a, t, p  | Set 2 letters = i, n, m, d           | Set 3 letters = g, o, c, k |
|-----------------------------|--------------------------------------|----------------------------|
| Set 4 letters = ck, e, u, r | Set 5 letters = h, b, f,ff, l,ll, ss | Set 6 letters = j, v, w, x |
| Set 7 letters = y, z,zz, qu |                                      |                            |

A phoneme can be represented by more than one letter. E.g. **II** as in bell **ss** as in hiss **ck** as in sock

# Tricky words

Children will be taught to read and spell 'tricky' words – those that cannot be read or spelt using the sounds of the letters. This will be achieved through the use of flash cards and games.

Phase 2 tricky words – I, the, no, go, to

# Ways you can support your children at home: reading and spelling

#### **Magnetic letters**

Buy magnetic letters for your fridge, or for use with a tin tray. Find out which letters have been taught – have fun finding these with your child and place them on the magnetic surface.

#### Making little words together

Make little words together, for example, it, up, am, and, top, dig, run, met, pick. As you select the letters, say them aloud: 'a-m-am', 'm-e-t-met'.

#### Breaking words up

Now practice it the other way around: read the word, break the word up and move the letters away, saying: 'met - m-e-t'.

# Both these activities help children to see that reading and spelling are reversible processes.

Spelling is harder than reading words – little whiteboards and pens, and magic boards, are a good way for children to try out spellings and practice their handwriting. Your child might be trying to use letters from their name to write; this shows that they know that writing needs real alphabet letters.

# **Getting ready for handwriting**

We will model how to form letters (*graphemes*) correctly, so that children can eventually acquire a fluent and legible handwriting style. These skills develop over a long period of time. A child's ability to form a letter correctly is a separate skill from phonics. Holding a pen or pencil needs considerable co-ordination and practice in making small movements with hands and fingers.

(In the early stages of phonics children can use letter cards or magnetic letters to demonstrate their knowledge of phonics.)

#### **Writing in lower-case letters**

We teach lower-case letters, as well as capital letters. As most writing will be in lower-case letters it is useful if you can use these at home. A good start is for your child to write their name correctly, starting with a capital letter followed by lower-case letters.

#### Ways you can support your children at home

### Using their whole body

For handwriting children need to be well co-ordinated through their whole body, not just their hands and fingers. Games that help co-ordination include throwing balls at a target, under-arm and overarm, and bouncing balls – also skipping on the spot, throwing a Frisbee, picking up pebbles from the beach and throwing them into the sea. Have fun!

# Hand and finger play

Action rhymes such as 'Incy Wincy spider', 'One potato, two potato' and 'Tommy Thumb' are great fun and get their hands and fingers moving. Playing with salt dough or clay really helps strengthen little fingers, as does cookery and using simple toolkits.

#### Hand-eye co-ordination

Pouring water into jugs and cups of different sizes, sweeping up with a dustpan and brush, cutting, sticking, tracing, threading beads, completing puzzles, peeling off stickers and sticking them in the right place – these all help hand—eye co-ordination.

#### Pencil hold

The 'pincer' movement needs to be practiced. This is important as it enables children to hold a pencil properly as they write. Provide them with kitchen tongs and see if they can pick up small objects. Move on to challenging them to pick up smaller things, for example, little cubes, sugar lumps, dried peas, lentils, first with chopsticks, then with tweezers. Ask children to peg objects to a washing line.

Provide plenty or different types of pen and pencil; hold their hand to practice the correct grip.

# Phase 3

As the children progress they will be introduced to other phonemes. They will be taught another 25 graphemes, most of them comprising two letters eg 'oa'. Some phonemes have more than one letter.

- **Digraphs** have two letters (sh, ch, ck, th, ng, II)
- A **vowel digraph** contains at least one vowel **ai, ee, oa, oo, ar, or, ur, ow, oi, er** #
- Trigraphs have three letters making one sound igh, ear, air, ure
- A **split digraph** has two letters making the sound, but they are not adjacent, eg cake, (a-e), Pete, (e-e), mine (i-e), pole (o-e), tune, (u-e).

#### **New Tricky words**

| he  | me  | my   | her |
|-----|-----|------|-----|
| she | be  | you  | all |
| we  | was | they |     |

# Ways you can support your child at home

Set a timer. Call out one word at a time and get your child to spell it on a magic board or a small whiteboard, against the timer – remember, they can use magnetic letters.

Play a game – hunt the word - hide words in sand or flour, set a timer, hold up the word that you want them to hunt for, and 'go'! Repeat the word and encourage them to say –'I am looking for the word 'the'.

Play 'Pairs', turning over two words at a time trying to find a matching pair. This is especially helpful with the tricky words: the, to, no, go, I

Don't worry if they get some wrong! These are hard to remember – they need plenty of practice.

As children make even more progress, they will be introduced to the remaining phonemes, and given time to practice and consolidate their new learning. Obviously, the more children are exposed to activities involving letters and sounds, the quicker they will consolidate their newly acquired skills. Your involvement in this new learning is vital, and we ask that whenever possible you take time to encourage them to use their new knowledge through the activities outlined above.

# Phase 4

By Phase 4 children will be able to represent each of 42 phonemes with a grapheme. They will blend phonemes to read CVC words and segment CVC words for spelling. They will also be able to read two syllable words that are simple such as laptop or boatman. They will be able to read all the tricky words learnt so far and will be able to spell most of them.

In Phase 4 children are taught to read and spell words with two letters at the start/end of the word which need to be blended together. EG: **fl**ap, **st**ar, fi**st**, **cr**isp. It is important that children are taught that blending is only used when a word is unfamiliar.

# New tricky words:

| said | so   | when | out   | have   |
|------|------|------|-------|--------|
| some | come | were | there | little |
| what | like | one  | do    |        |

#### Year 1

# Phase 5

The purpose of this phase is for children to broaden their knowledge of graphemes and phonemes for use in reading and spelling. They will learn new graphemes and alternative pronunciations for these and graphemes they already know, where relevant. Children become quicker at recognising graphemes of more than one letter in words and at blending the phonemes they represent. When spelling words they will learn to choose the appropriate graphemes to represent phonemes and begin to build word-specific knowledge of the spellings of words.

# Alternative pronunciations for graphemes when reading:

Children will be taught alternative pronunciations for some graphemes. For example, **ow** makes a different sound in these two words: bl**ow**, c**ow**.

| i fin, find  | ow cow, blow   | y yes, by, very              |
|--------------|----------------|------------------------------|
| o hot, cold  | le tie, field  | ch chin, school, chef        |
| c cat, cent  | ea eat, bread  | ou out, shoulder, could, you |
| g got, giant | er farmer, her | u but, put (south)           |
| a hat, what  |                |                              |

# New graphemes for reading and spelling:

Children are taught new graphemes for phonemes they already know. The skill of selecting the correct grapheme when spelling, takes time and lots of practice. For example, children will be able to segment the word chain but will learn to select the correct way of spelling the middle sound. It could be: ai, ay, eigh, a\_e, ey or ei! Sometimes the placement of the phoneme in the words helps in selecting the correct grapheme. For example the spelling ay is usually used at the end of root words: day, play, stay etc. We teach children to find placement patterns, use visual skills and rime (if I can spell all, I can spell ball, fall, tall etc) to help. They practice by sorting words and playing games and applying their skills in sentence writing.

| ay day    | a-e make |           |  |
|-----------|----------|-----------|--|
| e-e these | ey key   |           |  |
| i-e like  | le tie   |           |  |
| oe toe    | o-e home |           |  |
| ew new    | ue cue   | oor floor |  |
| ph photo  |          |           |  |
| wh when   |          |           |  |
| tch hutch |          |           |  |
| aw saw    | au Paul  |           |  |
| ue blue   | ew flew  | e rule    |  |
| ou out    |          |           |  |
| oy boy    |          |           |  |
| ir girl   |          |           |  |
| ea head   |          |           |  |
| are care  | ear bear |           |  |
| al half   | a past   |           |  |

# **Spelling rules and patterns**

These are the spelling rules that are taught within Phase 5:

Spell words with the prefix un.

Spell words with the suffixes ing/ed/er.

Spell plural nouns s/es.

Spell words ending in the suffix y [crispy]

Spell words ending in er/est.

Spell compound words.

Know k is used [not c] before e/i/y (EG: Kent, skin).

Know the ending v sound is usually followed by e (EG: give, live, have).

# New high frequency words for reading and spelling:

High frequency words are words that are used most often when reading and writing. When children can read and spell these words automatically it supports fluency and pace. The words in bold are tricky words.

| should    | called   | by       | made     | put     | don't   |
|-----------|----------|----------|----------|---------|---------|
| their     | asked    | time     | came     | old     | today   |
| people    | could    | house    | make     | very    | says    |
| Mr        | oh       | about    | here     | day     | love    |
| Mrs       | looked   | your     | saw      | l'm     | full    |
| push      |          | one      | two      | four    | three   |
| five      | six      | seven    | eight    | nine    | ten     |
| eleven    | twelve   | thirteen | fourteen | fifteen | sixteen |
| seventeen | eighteen | nineteen | twenty   |         |         |
|           |          |          |          |         |         |

# Year 2

#### Phase 6

In phase 6 children will be reading longer and less familiar texts independently and fluently. It is crucial that at this point children are now reading to learn and reading for pleasure. Children will be learning to read the high frequency words with ease. At this point it is important that comprehension strategies are developed so that children clarify meaning, ask and answer questions about the texts they are reading, construct mental images during reading and summarise what they have read. In spelling, children are introduced to more spelling rules, the adding of suffixes/prefixes and how to spell longer words. Throughout the phase children are encouraged to develop strategies for learning spellings.

| Strategy   | Explanation                                     |
|------------|---|
| Syllables  | To learn a word by listening to how many        |
|            | syllables there are so it can be broken into    |
|            | smaller bits. (e.g. Sep-tem-ber)                |
| Base Words | To learn a word by finding its base word. (e.g. |
|            | jumping- base word jump +ing                    |
| Analogy    | To learn a word by using a word that is already |
|            | learnt. (e.g. could, would, should)             |
| Mnemonics  | To learn a word by making up a sentence to      |
|            | help remember them. (e.g. could – O U Lucky     |
|            | Duck; people - people eat orange peel like      |
|            | elephants                                       |

# Spelling common graphemes for any phonemes

| j/g/dge (EG:<br>giant/hedge)    | s/c (EG: face)   | or / a / al (sport,<br>almost, talk) | w(a) / qu(a) (EG:<br>want/squash – the a<br>makes an o sound) |
|---------------------------------|------------------|--------------------------------------|---|
| kn/wr/gn                        | le / al / el/ il | u / o (but/other)                    | er / or (work – after w)                                      |
| or / ar (EG: warm – ar after w) |                  |                                      |   |

# **Spelling rules and patterns**

Spell plural nouns with rules [s/es/ies]

Spell words with suffix ing / ed with rules

Spell words with suffix y with rules

Spell words ending in er /est with rules

Spell words with suffix ful / less

Spell words with suffix ment

Spell words with suffix ness

Spell words with suffix ly with rules

Spell homophones and near homophones (quiet/quite)

#### New high frequency words for reading and spelling:

High frequency words are words that are used most often when reading and writing. When children can read and spell these words automatically it supports fluency and pace. The words in bold are tricky words.

| water | long   | other   | fish      | fast    |
|-------|--------|---------|-----------|---------|
| away  | things | fox     | gave      | only    |
| good  | new    | food    | mouse     | many    |
| want  | after  | through | something | laughed |
| over  | wanted | path    | wild      | let's   |

| how    | eat      | been    | kind      | much     |
|--------|----------|---------|-----------|----------|
| floor  | everyone | bath    | still     | suddenly |
| poor   | our      | must    | found     | told     |
| going  | two      | pass    | live      | another  |
| where  | hour     | father  | move      | great    |
| would  | child    | right   | soon      | why      |
| mind   | climb    | sea     | night     | cried    |
| took   | take     | these   | narrator  | keep     |
| behind | class    | cold    | beautiful | break    |
| school | thought  | began   | small     | room     |
| think  | grass    | hold    | everybody | last     |
| home   | well     | animals | couldn't  | jumped   |
| who    | find     | never   | three     | because  |
| didn't | more     | next    | head      | even     |
| pretty | 1/11     | first   | king      | steak    |
| know   | round    | work    | town      | before   |
| bear   | tree     | lots    | l've      | gran     |
| can't  | magic    | need    | around    | clothes  |
| again  | shouted  | that's  | every     | tell     |
| past   | us       | baby    | garden    | key      |
| move   | inside   | looking | stopped   | looks    |
| place  | any      | end     | ever      | dragon   |
| mother | improve  | than    | miss      | grow     |
| prove  | under    | parents | most      | thing    |
| boat   | busy     | better  | cold      | plant    |

| window    | snow    | sugar  | park   | fly     |
|-----------|---------|--------|--------|---------|
| sleep     | air     | sun    | lived  | there's |
| feet      | trees   | across | birds  | along   |
| morning   | half    | gone   | duck   | we're   |
| queen     | money   | hard   | horse  | which   |
| each      | whole   | floppy | rabbit | use     |
| book      | eyes    | wind   | white  | pulled  |
| its       | fell    | really | coming | giant   |
| green     | friends | wish   | he's   | please  |
| different | sure    | eggs   | river  | grandad |
| Christmas | dark    | once   | liked  | girl    |

# **Appendix 1: Phonics Glossary**

**blend** — to draw individual sounds together to pronounce a word, e.g. s-n-a-p, blended together, reads snap.

**consonant cluster** — two (or three) letters making two (or three) sounds/phoneme. EG: the first three letters of '**str**aight' are a consonant cluster. The **s-t-r** each have their own sound. (This is different from a digraph/trigraph where 2 or 3 letters work together to make **one** sound/phoneme.)

**digraph** — two letters making one sound, e.g. sh, ch, th, ph.

vowel digraphs - comprise of two vowels which, together, make one sound, e.g. ai, oo, ee.

**split digraph** — two letters, split, making one sound, e.g. a-e as in make or i-e in site.

**grapheme** — a letter or a group of letters representing one sound, e.g. a, p, sh, ch, igh, ough (as in 'though').

**grapheme-phoneme correspondence (GPC)** — the relationship between sounds and the letters which represent those sounds; also known as 'letter-sound correspondence'.

**mnemonic** — a device for memorising and recalling something. EG: a snake shaped like the letter 'S' or the phrase "sally ann is dancing" to help spell the tricky word said.

**phoneme** — the smallest single identifiable sound. EG: the letters 'sh' represent just one sound, but 'sp' represents two (s and p).

**segment** — to split up a word into its individual phonemes in order to spell it, e.g. the word 'cat' has three phonemes: c- a- t.

**prefix -** is a group of letters added before a word or base to alter its meaning and form a new word (EG: pre - **pre**historic).

**suffix** - is a group of letters added after a word or base (EG: er - farmer).

**trigraph** — three letters making one sound (EG: air, igh).