

# SING OF A RAINBOW

By Mark and Helen Johnson

## CHALLENGE

Can you learn the colours of the rainbow in order, either by learning the song off by heart or using a **mnemonic** like: Richard Of York Gave Battle In Vain? Or you could use the name ROY G. BIV to remind you of the order. **Can you now make up your own mnemonic?**

## TALK ABOUT

**Talk about everyone's favourite colours in your house.** Perhaps over a meal you could go round the table in turn with everyone naming things that are the same colour as their favourite colour (think foods, animals, items in your house, in nature or at school etc.) and keep going round until people run out of things to say and are out of the game. What's the easiest colour to make a list for?

## SHARE IT

There are lots of beautiful rainbows stuck up in people's windows at the moment as a symbol of hope. **Can you draw or paint a nice big rainbow and then cut out two heart shapes from it?** Take a photo of them and send it to someone in your family that you're not able to see at the moment to show them that you love them and are thinking of them.

## DID YOU KNOW?

**Bees see colours that we can't see.**

Their range of colour vision extends into the ultraviolet. The flowers they pollinate have special ultraviolet patterns on them that guide the bees to the pollen and nectar!

**“COLOURS  
ARE THE SMILES  
OF NATURE.”**  
James Henry Leigh Hunt

Song taken from  
*My World:  
Colours & Patterns*  
By various writers

